

BUDDHISM IS NOT WHAT YOU THINK HAGEN STEVE%0A

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[Buddhism is Not What You Think-Finding Freedom Beyond Beliefs by Steve Hagen](#) In his clear and conversational style, much as he did in *Buddhism Plain and Simple*, Steven Hagen tackles what is a thorny issue for most people coming to Zen practice hoping to "get enlightened" "feel blissed out by Nirvana" or those who come to Zen practice hoping to "get" anything at all. [Buddhism Is Not What You Think : Finding Freedom Beyond ...](#)

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[BUDDHISM IS NOT WHAT YOU THINK Finding Freedom Beyond Beliefs Steve Hagen](#). To all my students. Contents Epigraph Prologue: See for Yourselfxi Part one:Muddy Water 1Paradox and Confusion3 2Stepping on Reality7 3The Problem with Eradicating Evil12 4We've Got It All Backward17 5The Itch in Your Mind24 6A Mind

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Steve Hagen is a Zen priest, a longtime teacher of Buddhism, and the author of the bestselling *Buddhism Plain and Simple* and *Buddhism Is Not What You Think*. Hagen began studying Buddhism in 1967. In 1975 he became a student of Dainin Katagiri Roshi, and in 1979 he was ordained a Zen priest. Steve lives in Minneapolis, where he lectures, t

['Buddhism is not what you think' by Steve Hagen New Buddhist](#)

Buddhism Is Not What You Think is his 'deeper'/more in-depth' books so there may be some parts (though not all) where it is not at once easily grasped, but I find it very important and contains the essence of Buddhism.

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[Buddhism Is Not What You Think: Finding Freedom Beyond Beliefs \[Steve Hagen\] on Amazon.com](#). *FREE* shipping on qualifying offers. Bestselling author and renowned Zen teacher Steve Hagen penetrates the most essential and enduring questions at the heart of the Buddha's teachings: How can we see the world in each

moment

Buddhism Is Not What You Think - Steve Hagen - Paperback

Buddhism Is Not What You Think is a clear, direct, and engaging guide to the most essential elements of spiritual inquiry: attention, intention, honesty with oneself, compassion, and the desire to awaken. A renowned Zen teacher, Steve Hagen offers a valuable hands-on guidebook in which examples from everyday life are presented alongside stories from Buddhist teachers past and present to banish

Buddhism Is Not What You Think Quotes (10 quotes)

Quotes tagged as "buddhism-is-not-what-you-think"

Showing 1-10 of 10 In the process of burning out these confusions, we discover enlightenment. If the process were otherwise, the awakened state of mind would be a product dependent upon cause and effect and therefore liable to dissolution.

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